

Monday 14 December 2009	Wide Lane, Southampton
<i>Presenter: Justin Bishop (L.Irish)</i>	<b>Attack and Defence from the line-out</b>
Monday 15 March 2010	Winchester Rugby Club
<i>Presenter: Neal Hateley (London Irish)</i>	<b>Effective Scrumming</b>

There will be a charge of £10 for each seminar. **All sessions START at 1900**  
**Applications, with cheques, to: David Ball, 52 St Johns Road, Newport, Isle of Wight PO30 1LS. E-mail :**  
[dball84894@aol.com](mailto:dball84894@aol.com) ; Tel : 01983 525457



**COMMUNITY RUGBY**

## Southern Region Non Award Course Calendar 2009/2010

**Constituent Bodies: Berkshire, Buckinghamshire, Dorset & Wiltshire, Hampshire, Oxfordshire**

Approved Centre Name: RFU South  
 Coaching Development Officer: Gavin Williams  
 Regional Administrator: Josie Molloy

### Start Coaching Tag Rugby - £30 per person

All courses are 9.30am-12.30pm unless otherwise stated

<b>2010</b>	9 <sup>th</sup> January 2010	Fareham Heathens RFC	Hampshire	21 <sup>st</sup> Dec 2009
	9 <sup>th</sup> January 2009	Dorchester RFC	Dorset	21 <sup>st</sup> Dec 2009
	9 <sup>th</sup> January 2010	Witney RFC	Oxfordshire	21 <sup>st</sup> Dec 2009
	9 <sup>th</sup> January 2010	Maidenhead RFC	Berkshire	21 <sup>st</sup> Dec 2009
	16 <sup>th</sup> January 2010	Redingensians RFC	Berkshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Basingstoke RFC	Hampshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Bradford on Avon RFC	Wiltshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Aylesbury RFC	Buckinghamshire	6 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Wallingford RFC	Oxfordshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Aldermaston RFC	Berkshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Aldershot & Fleet RFC	Hampshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	New Milton RFC	Hampshire	13 <sup>th</sup> Jan 2010
	10 <sup>th</sup> April 2009	Havant RFC	Hampshire	31 <sup>st</sup> Mar 2010
	17 <sup>th</sup> April 2010	Aylesbury RFC	Buckinghamshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Berkshire	Berkshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Wallingford RFC	Oxfordshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Bradford on Avon RFC	Wiltshire	7 <sup>th</sup> April 2010
	24 <sup>th</sup> April 2009	Basingstoke RFC	Hampshire	14 <sup>th</sup> April 2010
24 <sup>th</sup> April 2009	Swanage & Wareham RFC	Dorset	14 <sup>th</sup> April 2010	

**iRB Rugby Ready – £18 per person**

**(a pre-requisite for attendance on Level 1 from 1<sup>st</sup> Sept 2009)**

All courses are 9.30am-12.30pm unless otherwise stated

<b>2010</b>	9 <sup>th</sup> January 2010	Ellingham & Ringwood RFC	Hampshire	21 <sup>st</sup> Dec 2009
	16 <sup>th</sup> January 2010	Witney RFC	Oxfordshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Basingstoke RFC	Hampshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Windsor RFC	Berkshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Swanage & Wareham RFC	Dorset	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Aylesbury RFC	Buckinghamshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Bradford on Avon RFC	Wiltshire	6 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Portsmouth RFC	Hampshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Wiltshire	Wiltshire	13 <sup>th</sup> Jan 2010
	30 <sup>th</sup> January 2010	Reading Abbey RFC	Berkshire	20 <sup>th</sup> Jan 2010
	30 <sup>th</sup> January 2010	Wallingford RFC	Oxfordshire	22 <sup>nd</sup> Jan 2010
	30 <sup>th</sup> January 2010	Dorchester RFC	Dorset	20 <sup>th</sup> Jan 2010
	27 <sup>th</sup> March 2010	Fareham Heathens RFC	Hampshire	17 <sup>th</sup> Mar 2010
	17 <sup>th</sup> April 2010	Aylesbury RFC	Buckinghamshire	7 <sup>th</sup> April 2010
	24 <sup>th</sup> April 2010	Basingstoke RFC	Hampshire	14 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Berkshire	Berkshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Wallingford RFC	Oxfordshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Swanage & Wareham RFC	Dorset	7 <sup>th</sup> April 2010
	24 <sup>th</sup> April 2010	Minety RFC	Wiltshire	14 <sup>th</sup> April 2010



COMMUNITY RU

**Southern Region Award Course Calendar 2009/2010**

**Constituent Bodies: Berkshire, Buckinghamshire, Dorset & Wiltshire, Hampshire, Oxfordshire**

Approved Centre Name: RFU South West  
 Coaching Development Officer: Gavin Williams  
 Regional Administrator: Bev Rawlings

**Level 1 Courses**

	<b>Date</b>	<b>Venue</b>	<b>County</b>	<b>Application Deadline</b>
<b>2010</b>	Jan 13/17/24	Lord Williams school, Thame	Oxfordshire	11/12/09
	Jan 18/23/30	Perins School, Alresford	Hampshire	16/12/09
	Jan 18/24/31	Dumpton School, Wimborne	Dorset	16/12/09
	Feb 15/21/28	Burnham Grammar, Burnham	Bucks	15/01/10
	Feb 22/28 Mar 7	Brockenhurst College	Hampshire	21/01/10
	Mar 8/14/21	Marlborough College	Wiltshire	05/02/10
	Mar 15/21/28	Wellington College, Crowthorne	Berkshire	12/02/10
	Apr 12/18/25	Perins School, Alresford	Hampshire	12/03/10
	May 5/8/9	Lord Williams School, Thame	Oxfordshire	05/04/10
	May 10/15/16	Leon School, Milton Keynes	Bucks	09/04/10
	Jun 7/12/13	Wellington College, Crowthorne	Berkshire	07/05/10
	Jun 16/19/20	Lord Williams School, Thame	Oxfordshire	17/05/10

Jun 21/26/27	Brockenhurst College	Hampshire	21/05/10
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- **Cost per person: £100** inclusive of 15% VAT, payment should be made to "RFDL". Applications will not be accepted without payment or after the deadline.
- Its is recommended that applicants have previous experience of coaching or playing or have attended a TAG or Rugby Ready Course
- Applications will only be accepted if they are accompanied by a copy of the candidates Rugby Ready Certificate; this can be obtained from **EITHER** going to the following link <http://www.irrugbyready.com/irbrr/en/home.jsp> and completing the online questionnaire *OR* attending the 3 hour iRB Rugby Ready course. **From 1<sup>ST</sup> SEPTEMBER 2009 APPLICATIONS WILL ONLY BE ACCEPTED FROM CANDIDATES WHO HAVE ATTENDED THE 3 HOUR WORKSHOP.**
- Courses will be closed at a maximum of 32 candidates
- Cancellation and transfer fees can be found on the course application forms.

## Level 2

	Date	Venue	County	Application Deadline
<b>2010</b>	Feb 6/7 & 21/28	Dumpton School, Wimborne	Dorset	07/01/10
	Feb 20/21 & Mar 7/14	Wellington College, Crowthorne	Berkshire	20/01/10
	May 8/9 & 23/30	Brockenhurst College	Hampshire	08/04/10

- **Cost per person: £176.25** including VAT, payment should be made to "RFDL". Applications will not be accepted without payment or after the deadline.
- Applications will only be accepted for those coaches who have demonstrated attendance at continuous personal / professional development (coaching seminars, conferences) and are subject to approval from RFU. (Please add dates and areas covered on your application form)
- Hold a UKCC RFU Level 1 Coaching Award or equivalent
- Coaches will be required to have an up to date technical knowledge and be able to coach the following as applicable to the 15-a-side game.  
**Scrummage, Lineout, Restarts, Backline Play, Contact Skills, Defence/ Attack, Turn-over/Counter-attack**
- Coaches will be required to demonstrate skills relating to communication, planning, effective coaching and coaching styles, health and safety, action planning and player profiling
- Coaches will be required to submit a number of home study tasks for assessment as part of the course programme including;  
**Planning and delivering practical sessions, Fitness for Rugby, Nutrition for Rugby, Core Skills, Laws of Game**
- Courses will be closed at a maximum of 36 candidates
- Cancellation and transfer fees can be found on the course application forms
- A place on the course will only be confirmed on receipt of a fully completed and approved application form with attached payment and providing space is available